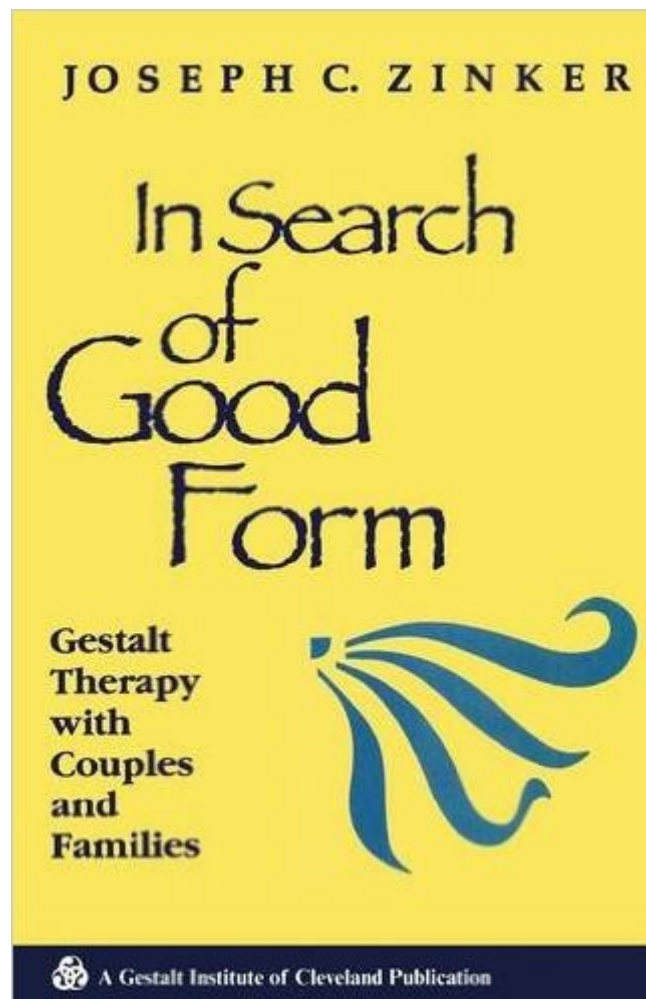


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# In Search Of Good Form: Gestalt Therapy With Couples And Families (Gestalt Institute Of Cleveland Book Series)



## Synopsis

With *In Search of Good Form*, Joseph Zinker emphasizes seeing and being with as keys to a phenomenological approach in which therapist and patient co-create and mutually articulate their own experiences and meanings. He considers Gestalt field theory, the Gestalt interactive cycle, and Gestalt concepts.

## Book Information

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Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,393,443 in Books (See Top 100 in Books) #49 in [Books > Medical Books > Psychology > Movements > Gestalt](#) #1188 in [Books > Medical Books > Psychology > Applied Psychology](#) #1949 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Applied Psychology](#)

## Customer Reviews

This book is packed, without being written to intimidate. Sections are clearly headed, inviting use of the book as a reference. As my understanding and interests in gestalt therapy evolve, so do different sections strike me differently. Zinker is a coach, who leans over my shoulder as I consider my approach to helping others. The tone is unequivocal: encouraging and articulate. Zinker has been immersed in the field to such depths that his writing shows evidence of integration of his findings. He covers gestalt therapy; a difficult topic to write about. He spells out his findings about working with families and does so in an aesthetic, almost spiritual. Yet, I also find the book written with an intellectual rigour that invites revisiting. It's written in a can-do, leading edge manner.

If you are looking to understand Gestalt with Families this is a great book. If you don't know Gestalt, use Gestalt therapy integrated by Polster and Polster because they help you understand what Gestalt is better than this book. I really liked this book which helped me write a research paper on

## Gestalt in Families

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